



Made possible by Southwest Behavioral Health Management, Inc. and Northwest Behavioral Health Partnership.

Grant-Funded

EMDR BASIC TRAINING

A FULLY FUNDED, EMDRIA-APPROVED PROGRAM FOR ELIGIBLE PENNSYLVANIA PROVIDERS.

Become an EMDR-Trained clinician through this EMDRIA-approved program, which includes 40 hours of live training and 10 hours of group consultation. You'll learn the 8 phases of EMDR, the AIP model, and practical skills for working with trauma, dissociation, and complex clinical presentations across diverse populations.

ELIGIBILITY

This training is free for mental health providers who:

- Serve clients in Crawford, Mercer, Venango, Armstrong, Indiana, Lawrence, Butler, Washington, or Westmoreland counties
- Hold an active contract with Carelton Health of PA.

Applicants must meet both criteria.

SCHEDULE

Part 1: March 18–20, 2026 (Wed–Fri) - 9:00am–6:00pm ET

Part 2: April 30–May 1, 2026 (Thu–Fri) - 9:00am–6:00pm ET

Consultation Groups: Tuesdays, 3:00–5:00pm ET

Mar 31 • Apr 14 • May 19 • Jun 2 • Jun 16

REGISTER TODAY



<https://tinyurl.com/yrjyu7fk>

CE'S INCLUDED

Scaling Up offers 40 CE's for APA, NBCC, and ASWB.

Please check with your licensing board for approval.

WHAT IS EMDR THERAPY?

EMDR is an evidence-based therapy that helps people heal from trauma.

Through brief sets of bilateral stimulation (eye movements, tapping, or tones), the brain can reprocess distressing memories so they feel less overwhelming. EMDR is widely recognized for reducing symptoms and supporting lasting emotional well-being.